



According to the Centers for Disease Control and Prevention, heart disease is the number one cause of death in America, with roughly 600,000 individuals losing their life every year. Heart disease not only costs billions of dollars each year, but also brings substantial emotional, and psychological stress to many families and communities.

It is because of these facts that the Mansfield News Journal is asking for your help in better educating our community on the overall function of the cardiovascular system, the various types and causes of heart disease, and most importantly, ways to maintain a healthy heart throughout a person's life.

You may help the News Journal by submitting an in-depth article that addresses the various topics mentioned above. Remember though, it is important to make sure that the information we put in the newspaper is factual and accurate. So, when doing research it would be a good idea to have at least three different sources, which should include interviewing someone in the medical field. Also, make sure to correctly cite your sources in APA format.

Lastly, your article needs to get and keep the attention of our readers, so make sure that in addition to content accuracy, you also include a little creativity throughout your article. While incorporating creative writing in your article, remember to still maintain a level of professionalism and empathy, as many of our readers will have experienced heart disease in their own lives in some capacity.

Thanks, and best of luck,

Mansfield News Journal